

The House Guide



A quick guide to help navigate the Ladies vs Lust community and to know where to go, every step of the way.





The House Guide Overview

Make Yourself Comfortable | Your Guide to the Ladies vs Lust Community

Think of this as your house. Every room has a purpose, and together they create a supportive, safe, and empowering space for you to grow, connect, and thrive.



The Driveway

Join the Community

Congrats! You've already completed all these steps.

Start Here



The Front Porch

Welcome + Onboarding

Start here when you first join. Take the house tour, choose your identifiers, learn how the community works, and review privacy expectations.



The Living Room

Community Conversations

This is where the big conversations happen. Join discussions, share your perspective, and connect with other members through Forums.



Forums = the main conversation.
Threads = smaller conversations within that topic.



The Kitchen

Casual Chats

Need to vent? Have a quick question? Need perspective? Pull up a chair and talk it out.



The Study

Resources + Learning

Looking for a checklist, guide, script, worksheet, training, or other resources? Check the Study.



The Family Room

Wins + Support

Celebrate your wins, share milestones, encourage another member, or tell us about a boundary you're proud of setting.



The Bedrooms

Voice Channels

Connect more deeply, brainstorm together, collaborate, have a private conversation, or move from messaging into a live voice conversation.



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The Backyard Community Events

This is where we gather. Look here for live events, community challenges, special activities, guest sessions, and gatherings.



The Laundry Room Housekeeping

Community guidelines, important house information, and official housekeeping announcements live here.



The Fire Pit Anonymous Stories

Have a story you'd like to share privately? Submit it through the anonymous story process. Selected stories may become part of future community discussions or live experiences.



The Loft Deeper Experiences

This is a private space for the Founding Few.
*Will not be visible to all members.



The Patio Opportunities + Connections

Share jobs, referrals, collaborations, events, professional connections, resources, and opportunities that could benefit another member.



The Office Staff Only

This is the behind-the-scenes space for moderation, member support, administration, analytics, and community operations.
*Will not be visible to members.



Your New Home Away From Home





The House Guide Rules & How Things Work

Before You Settle In Here's a Little Extra Help

This house works because we protect the people who live in it.

Protect Your Identity

You can use a different username and avatar. You do not have to use your real name or photograph.

Protect Other Members

What someone shares in the house stays in the house. Do not share, screenshot, record, or redistribute member conversations or stories.

Watch What You Share

Protect your own privacy and the privacy of others. Be thoughtful about names, employers, clients, locations, and other identifying information.

Choose The Right Room

Use the room that best matches what you're sharing. When in doubt, check the House Tour or ask.

Use Your Tags

Your tags help you find relevant conversations and connect with women navigating similar experiences.

Be a Good Housemate

Be respectful. Be supportive. Disagree without attacking. Assume there is a human being on the other side of the screen.

How Conversations Work

Forums

Think: "The conversation table."

A Forum is where a conversation begins. Someone creates a topic, question, story, or discussion prompt. Members can then gather around that conversation and participate.



Example: "Have you ever had a professional relationship change after you established a boundary?"

Threads

Think: "Pulling up another chair."

A Thread lets members continue a smaller or more specific conversation connected to the original topic.

You don't need to understand every Discord feature. Just remember:
Rooms = Where you are
Forums = What we're talking about
Threads = Where the side conversations happen

Different rooms. Same mission. Support • Connect • Thrive